

W
WALDORF ASTORIA®
Spa



Treatments



CONTENTS

Welcome- A Customized Experience

Inspirational Environment

HydraFacial Therapies

Facial Therapies

Himalayan Salt Therapies

Local Ingredients

Massage Therapies

Couples Therapies

Body Therapies

Hand & Foot Therapies

Salon Services

Spa Information

Authentic Moments

A CUSTOMIZED EXPERIENCE

At the Waldorf Astoria® Spa, luxurious therapies, soothing environments, and our unique guest-centric approach to well-being all unify to create an elevated state of rejuvenation and renewal. Here, individual treatments become a completely customized experience in which your personal skin qualities and aesthetic expectations are the sole objective of the session.

Following a holistic analysis of your unique characteristics and concerns, your therapist will tailor each session for results that achieve a desired balance of physical and emotional revitalization. With world renowned treatments designed for beautification of the face, hair, and body, the Waldorf Astoria Spa will transform your visit into a luxurious and personal escape.





INSPIRATIONAL ENVIRONMENT

Within steps of the lobby of the luxurious Waldorf Astoria Orlando hotel is a haven of tranquility and wellness. Waldorf Astoria Spa features customized treatments and provides a relaxing and rejuvenating respite from the day's excitement. The full-service spa offers 22 luxuriously appointed treatment rooms in 24,000-square-feet of space which includes a tea lounge, separate men's and woman's wet lounges featuring a steam room and Jacuzzi[®], and a tranquility lounge with zero gravity wave loungers.



HYDRAFACIAL THERAPIES

DELUXE VITAL YOUTH GLOW 80 mins

The ultimate in personalized skin health, this 80 minute facial uses HydraFacial Vortex-Fusion® technology to exfoliate, extract and hydrate skin. Lymphatic therapy decreases skin inflammation and removes unwanted build up and HydraFacial's Dermabuilder™ Booster helps smooth the appearance of fine lines while enhancing skin elasticity. LED light therapy provides the finishing touches to this custom tailored facial experience.

HYDRAFACIAL® 50 mins

This results-oriented, machine-assisted facial uses breakthrough aesthetic technology to remove dead skin and impurities, giving skin immediate new life.

ENHANCE THE HYDRAFACIAL EXPERIENCE WITH BOOSTERS

These boosters may be added to any 50 minute or greater HydraFacial service to personalize your facial experience even further. Note that Boosters do not extend the duration of the service.

HYDRAFACIAL REGEN GF™

This booster contains regenerative peptides that mimic growth factors to boost production of collagen and elastin.

HYDRAFACIAL BRITENOL™

This booster brightens and balances skin tone while minimizing the appearance of dark spots and sun spots

HYDRAFACIAL PERK™ EYE TREATMENT

Targeted to the delicate eye area, this booster brightens, firms and hydrates tired eyes.

HYDRAFACIAL PERK™ LIP TREATMENT

Exfoliate, rehydrate and lightly plump lips with this targeted booster.

HYDRAFACIAL NECK & DÉCOLLETÉ BOOSTER

Fight visible aging of the neck and décolleté with powerful antioxidants, packed with soothing properties to calm the skin.

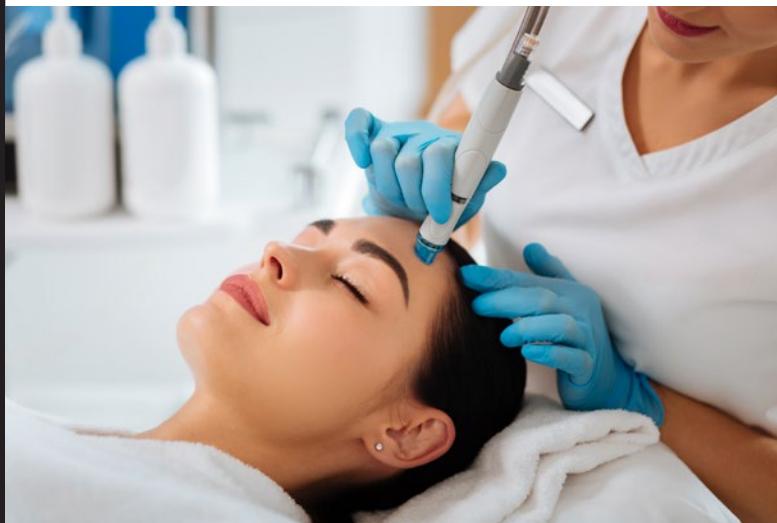
ADDITIONAL HYDRAFACIAL TREATMENTS

KERAVIVE™ SCALP HYDRAFACIAL

50 mins

Show your scalp some love with this treatment designed for thinning hair. HydraFacial Vortex Technology and Keravive Peptide Complex Solution cleanses, exfoliates, and delivers a proprietary blend of biomimetic growth factors and skin proteins to hydrate and nourish the scalp. The result is healthier, thicker-looking hair.

This treatment is a wonderful complement to hair-restoration treatments, but is designed for anyone looking to improve their scalp health and experience fuller-looking hair. This service includes a take-home topical spray product for 30 days of post treatment home-care.



FACIAL THERAPIES

GOLD MINERAL FACIAL 80 mins

For an instant lift, this facial employs rose-quartz massage, Hungarian Moor Mud, and colloidal gold to lift and brighten.

ILLUMINATING MINERAL FACIAL 50 mins

Using products enriched with minerals from the healing waters of Budapest, skin is left plumped and brightened.

CBD SKIN SOOTHING FACIAL 50 mins

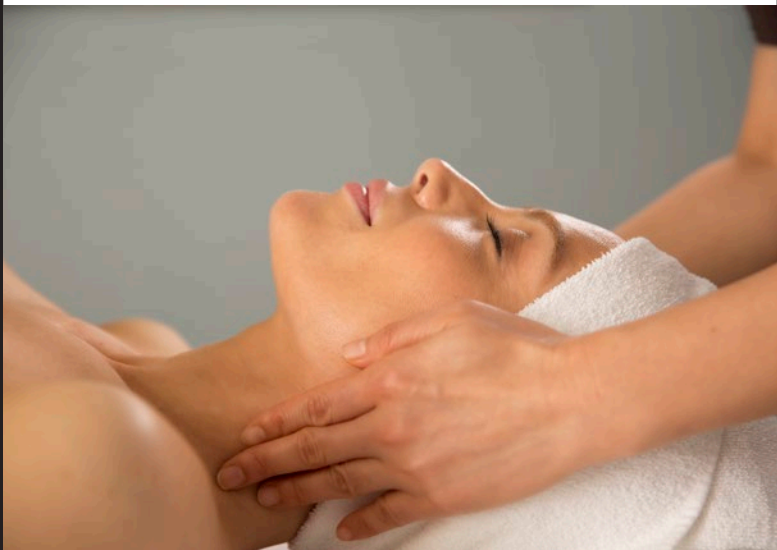
This Certified Vegan service uses a blend of Korean herbs infused with full spectrum hemp oil and essential oils to hydrate, firm and promote even skin complexion.

GENTLEMEN'S ORGANIC FACE TREATMENT 50 mins

Designed by men for the unique needs of men's skin, this treatment is custom tailored to your specific skin concerns.

LUMINESCENT MARINE ANTI-AGING FACIAL 50 mins

A gentle alpha beta peel and a hyaluronic marine modeling mask deliver intense hydration to skin, improving the appearance of dry surface lines and pores and revealing firmer, more radiant skin.



FACIAL ENHANCEMENTS

These enhancements may be added to any 50 minute or greater facial experience. We regret that these cannot be performed as stand-alone services.

MEN'S BEARD CONDITIONING ENHANCEMENT

30 mins

Treat your beard to specialty hydration and a relaxing massage of the face. This enhancement leaves the beard deep conditioned and softened.

NUFACE MINI FACELIFT ENHANCEMENT

30 mins

Uses the NuFace device to deliver powerful micro-current technology to skin, visibly firming and tightening. This service is perfect for special occasions.

BRIGHTENING PEEL ADD IN

No additional time

Combines natural alpha beta hydroxyl acids in a remarkably effective peel, gentle enough for all skin types. May be added to any 50 minute or greater facial service. Cannot be booked à la carte.

ROSE QUARTZ ANTIOXIDANT COLLAGEN EYE & LIP MASK

No additional time

Using Knesko's Rose Quartz eye and lip masks packed with active serum to soothe the delicate under eye and lip areas. Ingredients like grape seed and licorice root extract help fight free radical damage and brighten skin.

DIAMOND RADIANCE COLLAGEN FACE MASK

No additional time

This is THE mask for bright, energized, radiant skin. This Knesko collagen mask is infused with real diamonds, which is combined with vitamin b3 and hyaluronic acid to minimize pores, reduce dark spots and brighten skin tone.



HIMALAYAN SALT THERAPY

Salt therapy, also called Halotherapy, is a natural therapy that has been practiced for over 100 years. It involves relaxing in a specialized room filled with dry salt particles to help cleanse the airways and skin, as well as aid recovery and general well-being.



HIMALAYAN SALT THERAPIES

Relax and take in the salt air inside our Himalayan Salt Therapy room. Inhaling the fine salt particles, which act like an expectorant, speeds mucus clearance and helps to improve respiratory function, while simultaneously eliminating bacteria and soothing the lungs.

With 30 or 60 minute sessions to choose from, you can relax in a cozy recliner and breathe in the salt particles. Or choose to pair your Salt Therapy session with a Himalayan Salt Stone Massage for the ultimate salt spa experience.

HIMALAYAN SALT THERAPY ROOM 30 mins/60 mins

HIMALAYAN SALT STONE MASSAGE 50 mins/80 mins

Warm Himalayan Salt Stones ground and balance the body's electromagnetic field, nervous system and meridians to melt away stress.





LOCAL INGREDIENTS

What makes each Waldorf Astoria Spa truly unique is the way that we introduce local ingredients to your Spa experience – fruits, plants and minerals – many with a traditional history of soothing or healing properties to refresh and rejuvenate.

For thousands of years, aesthetically inclined societies have sought the powerful antioxidants and antibacterial properties of raw honey to promote anti-aging and a beautiful complexion. Here at the Waldorf Astoria Spa, the moisturizing wonders of locally crafted honey are infused into our unique skin treatments, products, and personalized therapies to give you the look of natural radiance and a healthy glow.



MASSAGE THERAPIES

BOTANICAL PAIN RELIEF MASSAGE 50 mins/80 mins

Soothe soreness and ease muscle pain with this custom pressure massage using an organic muscle balm enriched with anti-inflammatory ginger and capsaicin loaded cayenne. Feel both cooling and warming effects with this hand crafted, locally made balm that's yours to take home after your spa journey.

HONEY BUTTER MASSAGE 50 mins/80 mins

A luxurious shea butter bar blended with honey is used in this relaxing service to hydrate, protect, and heal the skin. Enjoy the remainder of your honey butter bar to take home after the service.

CBD MASSAGE 50 mins/80 mins

This massage uses full spectrum CBD hemp oil infused with a blend of ancient Korean herbs to nurture, ease muscle and joint aches, reduce inflammation and soothe irritated skin.

HIMALAYAN SALT STONE MASSAGE 50 mins/80 mins

Warm Himalayan Salt Stones ground and balance the body's electromagnetic field, nervous system and meridians to melt away stress.

LAVENDER SOOTHING MASSAGE 50 mins/80 mins

Using lavender sourced from a family lavender farm in the Sonoma Valley of California, this massage uses a pure lavender oil to lift the spirits, ease stress and anxiety, relieve headaches, induce restful sleep and help to heal minor burns.

PRENATAL MASSAGE 50 mins/80 mins

Designed for mothers in their 2nd and 3rd trimesters, this massage focuses on alleviating discomfort experienced during pregnancy.

REFLEXOLOGY 50 mins

Using specific pressure points on the foot, this massage relieves pain and improves circulation. This massage is of the foot and lower leg only.

CUSTOMIZED MASSAGE 50 mins/80 mins

Enjoy a massage tailored to your specific needs and pressure preference. Utilizing an unscented oil, this massage can be either Swedish or deep tissue pressure and is personalized to your areas of concern.

MASSAGE ENHANCEMENTS

Add even more rest and relaxation to your massage with our selection of enhancements. No additional time is included in enhancement selection.

SIBERIAN GINSENG SCALP TREATMENT

This leave-in, invigorating scalp serum can be added to any massage. Nourish and deep condition your hair from the root to tip. This serum does not add any additional time to your treatment.

COOLING PEPPERMINT FOOT TREATMENT

Relieve tired, aching feet with this organic, locally hand crafted balm with essential oils of peppermint, camphor, and eucalyptus. Take home the jar of balm for continued home care.

HYPERVOLT PERCUSSION ENHANCEMENT

Incorporate the Hypervolt for up to 10 minutes of your massage, focusing on up to 2 treatment areas. Targeted pulses of pressure help relieve muscle pain, stiffness, and soreness and increase range of motion. Wonderful for post-workout and post-theme park recovery.



COUPLES THERAPIES

COUPLES CELEBRATORY SPA PACKAGE 3 Hours

Celebrate each other with a day together at the spa. Settle in to our VIP couples suite where you will start with an 80 minute customized couples massage side by side. Next, unwind in the en-suite tub with a hot bath for two. Conclude your time in the couples suite with a 50 minute couples facial experience. After your services, adjourn to our co-ed Tranquility Lounge to enjoy a bottle of our house champagne. Cheers to you both!

Services Included:

- 80 minute couples massage
- 30 minute couples soak
- 50 minute couples facial
- Bottle of House Champagne

No substitutions available for this service.

COUPLES MASSAGE 50 mins/80 mins

Share in the bliss of a customized couples massage experience. This treatment is performed as a customized massage, but any of the following enhancements may be added.

- CBD Oil
- Himalayan Salt Stones
- Honey Butter



BODY THERAPIES

DEAD SEA RITUAL

110 mins

Have the best of both worlds! This service includes an aromatherapy massage, Dead Sea Salt Scrub, nourishing foot mask, and a Siberian Ginseng Scalp treatment.

HUNGARIAN BODY WRAP

80 mins

Let your body soak up the mineral-rich Hungarian Moor Mud in this scrub and wrap treatment.

HONEY CALENDULA BODY BUFF & WRAP

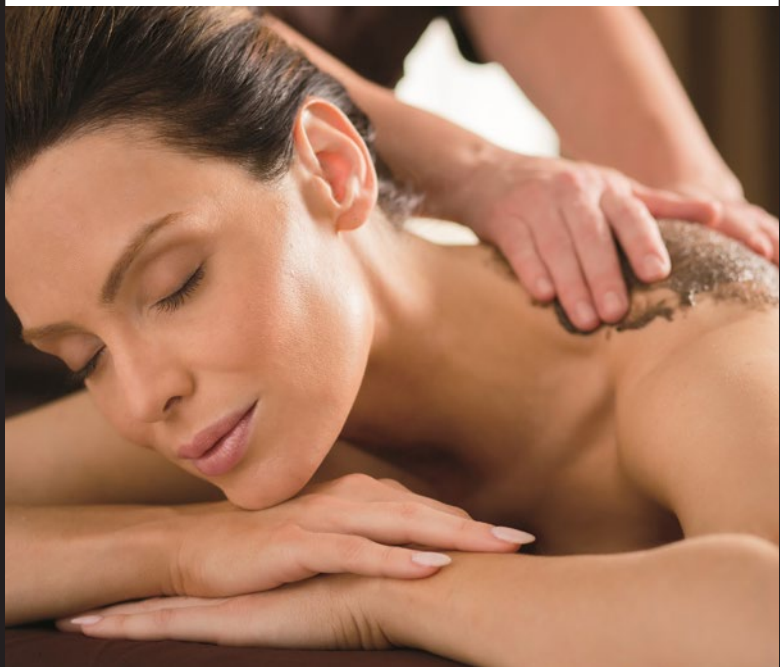
80 mins

Enjoy an exfoliation with honey calendula buffing grains, followed by a hydrating Tupelo Honey body mask to brighten the skin. Finish with an application of moisturizing honey shea butter cream.

GOLDEN BODY TREATMENT

50 mins

A gold sugar scrub followed by a fragrant oil application enriched with gold to repair and strengthen the skin. This is the perfect treatment to give you dazzling skin for a special occasion.



HAND & FOOT THERAPIES

Our nail services are designed for natural nails. We regret that we cannot accommodate services for those with Acrylic or artificial Gel nails. Shellac or chip-resistant polish can be removed and re-applied if desired. Please note that removal of existing gel polish is an additional fee. Please alert us at the time of booking if you already have gel polish on your nails, as removal takes an extra half hour.

WALDORF ASTORIA MANICURE OR PEDICURE

Give your hands and feet the finest in pampering. These services include a soak, cuticle treatment, exfoliating scrub, paraffin treatment, mask, massage of the hand/arm or foot/leg and an application of polish in your perfect shade.

QUEEN BEE MANICURE OR PEDICURE

Enjoy the benefits of honey in this relaxing manicure or pedicure which includes a soak, cuticle treatment, honey scrub, callus removal, mask and massage using honey butter. Finish with a polish application in your perfect shade.

GEL MANICURE

This chip-resistant gel manicure includes a soak, scrub, massage and gel polish application. Perfect for special events or those on-the-go, this polish is dry upon completion of the service and offers long-lasting wear.

EXPRESS MANICURE OR PEDICURE

This express service is perfect for those on a tight schedule. It includes cuticle treatment, lotion application, shape of the nail and polish application.

GENTLEMEN'S MANICURE OR PEDICURE

Manicure or pedicure tailored especially for men.

NAIL ENHANCEMENTS

SOAK OFF GEL OR CHIP-RESISTANT POLISH 30 mins

Already have gel polish on your hands or toes? We can remove it for you prior to your manicure or pedicure with us. Cannot be booked à la carte.

FRENCH MANICURE OR PEDICURE ADD IN

Add a white French nail tip to your manicure or pedicure with us.

COOLING PEPPERMINT FOOT TREATMENT

Relieve tired, aching feet with this organic, locally hand crafted balm with essential oils of peppermint, camphor, and eucalyptus. Take home the jar of balm for continued home care.

SALON SERVICES

Waldorf Astoria Spa offers a full array of color, cuts, styles and hair treatments.

Short hair is defined as anything above the shoulders. Long hair is defined as anything touching or below the shoulders. All salon services are á la carte.

DEAD SEA MINERAL MUD HAIR & SCALP TREATMENT 60 mins

Using mineral-rich mud from the Dead Sea, this treatment softens, nourishes and restores brilliance while repairing damaged hair. A blow dry finish is included in this service.

SPECIAL OCCASION STYLE 50 mins

Get a glam look for your special occasion. This service can include an up-do, partial up-do, braids, buns, twists and curls. Ideal for weddings, galas and other special events. Up-do looks work best in hair that has not been shampooed within a 24 hour window of the appointment. For best results, please plan accordingly.

REVITALIZING SCALP TREATMENT 30 additional mins

Reinvigorate your hair and scalp with a Siberian ginseng serum, which can be added to any cut, color, highlights or shampoo & blow dry. We regret that this service cannot be added to a special occasion style.

ADDITIONAL HAIR SERVICES:

- Men's Cut
- Women's Cut- Short (above shoulder)
- Women's Cut- Long (touching or below shoulder)
- Shampoo & Blow Dry- Short (above shoulder)
- Shampoo & Blow Dry- Long (touching or below shoulder)
- Color (single process)
- Color (double process)
- Full Highlights
- Partial Highlights

MAKEUP APPLICATION 50 mins

Allow our expert hands to achieve the look you desire for any occasion. Full application includes full face, eye and lip applications.

MAKEUP TOUCH-UP 25 mins

Perfect for a refresher on your existing makeup, this service includes a touch up to eyes and lips. This may include eye shadow, eye liner, mascara, lipstick or lip gloss.

BRIDAL MAKEUP CONSULTATION 50 mins

BRIDAL MAKEUP APPLICATION 50 mins

SPA INFORMATION

HOURS

Monday – Thursday, 10am - 6pm

Friday – Saturday, 9am – 8pm

Sunday, 9am – 6pm

SPA FACILITIES

Our Spa features individual ladies' and gentlemen's lounges complete with locker area, plush robes, comfortable slippers, rainfall showers, whirlpool, experiential shower and tea lounge. We also offer a co-ed Tranquility Lounge for shared relaxation featuring six zero-gravity wave loungers and a relaxation space. Use of the facilities is complimentary with any scheduled spa treatment.

AGE POLICY

To protect the tranquil nature of the spa and its environment, guests under the age of 13 are not permitted to use the spa facilities. This includes the whirlpool, steam room, Tranquility Lounge, Salt room, and locker facilities. Younger guests between 13 and 17 are welcome to enjoy a spa or salon service when accompanied by an adult in the treatment room or checked in by a guardian at the salon. Guests between 13 and 17 may use the spa facilities only when accompanied by an adult and only when receiving treatments as a guest of the spa. Please be advised ladies' and men's locker rooms are clothing optional.

ARRIVAL POLICY

We kindly request that you check in at the spa reception desk a minimum of 15 minutes prior to the start of your scheduled treatment. Our treatments begin promptly as scheduled. When possible, we will accommodate late arrivals. However, if we are unable to accommodate a late arrival, your treatment time may be shortened at the full service price.

RESERVATIONS & CANCELLATIONS

Booking your spa reservations in advance is recommended. Please call the Waldorf Astoria Spa directly at 407-597-5360. As a courtesy to other spa guests and our therapists, we strictly adhere to the spa cancellation policy. If you must change or cancel an appointment, please advise six (6) hours in advance to avoid being charged 100% of the scheduled service cost.

CELL PHONE RESTRICTIONS

To respect the privacy of our guests and maintain the sanctuary of our spa, we request that guests refrain from using cell phones in the locker rooms, wet areas, tea lounge and Tranquility Lounge. As our lounges are clothing optional, video and photography are prohibited to protect guest privacy.

VALET PARKING

Spa guests not staying on the hotel property receive complimentary valet parking on the day of their service. Please advise reservations at the time of booking.

SERVICE CHARGE

A 21% service charge will be added to all services for your convenience. This goes as a gratuity for your providers.



AUTHENTIC MOMENTS

The Waldorf Astoria Spa provides authentic moments of personalized transformation created through a balance of luxurious treatments and customized service. We modify our therapies to enhance your unique skin tones, providing you with a more rewarding and individualized experience.



WALDORF ASTORIA®
ORLANDO

Spa Reservations: 407.597.5360
WaldorfAstoriaOrlando.com/Spa